



Courtyard Clinic

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Laura Williams

BSc Physiotherapy, MSc
Neuro-Musculoskeletal
Physiotherapy

Physiotherapist

From an early age I have been a sporty person (I was thrown in a swimming pool because I was not very good at ballet!). Swimming, cycling and triathlons are my passion, and I thrive on exercising at least once a day.

Growing up, my next-door neighbour was a physiotherapist and she had her private practice at home. I saw her a few times for netball and swimming injuries and this is where my interest in physiotherapy began.

I was 'sent' to Coventry to study physiotherapy, where I soon found an interest in both musculoskeletal and neurological physiotherapy. Through my neurological rotations I gained a lot of experience in treating complex conditions and was able to transfer these skills into the musculoskeletal field. I furthered my musculoskeletal knowledge and expertise through gaining an MSc in Neuromusculoskeletal physiotherapy.

I work full time for the NHS in Bristol as an Extended Scope Practitioner. I work in a musculoskeletal interface

exceed your expectations

Laura Williams

service where I assess and triage patients referred by their GP to decide upon a treatment plan. This can involve referring to physiotherapy, referral for investigations, providing injection therapy and referral to orthopaedic surgeons. My assessment skills have to be thorough, yet succinct and I work closely with my patients and the orthopaedic surgeon in order to provide the best care for my patients.

Alongside my NHS job I have worked in private practice in different areas of the country. I have a keen interest in manual therapy and I am a member of the MACP (Musculoskeletal Association of Chartered Physiotherapists), which is only a group of 1100 Physiotherapists worldwide who have the neuromusculoskeletal expertise to become accredited with the qualification as part of my MSc degree. I have extensive knowledge in the examination and, if required, manipulative treatment of complex neuromusculoskeletal problems.

I moved from Oxfordshire to Dursley with my husband in June 2012. After completing the renovation of our new home and settling in, I enquired at Courtyard Clinic for some local physiotherapy work. I had heard good things about the practice from both patients and a previous colleague. Within an hour of my submitting my CV, I was invited for a meeting to discuss plans for me to join the practice. I started working for Jo and Matt at Courtyard Clinic at the beginning of January 2014 and I feel part of an experienced and varied workforce. I have settled in quickly to my new work surroundings and I am very happy to be able to provide my local community with highly specialised musculoskeletal assessments and treatments.

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